



NKHS
Northeast Kingdom Human Services

We're
All About
**Being
Human!**

NKHS Community Resource Guide

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Childcare

Childcare Financial Assistance

[Child Care Financial Assistance | Department for Children and Families \(vermont.gov\)](#)

Newport - Ready Set Grow Childcare

[Ready Set Grow Childcare in Newport VT \(neklsvt.org\)](#)

Phone: 802-732-3855

Newport Daycares

[THE Top 10 Daycares in Newport, VT | Affordable Prices](#)

St. J Daycares

[THE Top 10 Daycares in Saint Johnsbury, VT | Affordable Prices](#)

NEKCA

Newport –802-334-7316

St. J – Phone: 802-748-6040

108 Cherry Street, St. Johnsbury, VT

Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to

4:00pm & Wednesdays 10am to 4:00pm

Access food and clothing; make a phone call; get

housing help (not emergency housing);

If available—access a tent, sleeping bag.

Education Services

NEKLS – High School Completion, GED, Academic and Job Training

[Adult Education Services in Vermont \(neklsvt.org\)](#)

Newport –802-334-2839

St. J – 802-748-5624

Post-Secondary Education (PSE – for Reach Up Participants)

[Post-Secondary Education \(PSE\) | Department for Children and Families \(vermont.gov\)](#)

North Country Career Center

[North Country Career Center - Adult Education \(ncsvt.org\)](#)

209 Veterans Ave.

Newport, VT 05855

Phone: 802- 334-5469

Fax: 802- 334-3492

Community College of Vermont

[CCV | Community College of Vermont | Lowest Tuition in Vermont](#)



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Phone: 800-228-6686

Vermont Student Assistance Corporation – Vermont Grants

[Helping Vermont Students Prepare For College | VSAC.org](https://www.vt.edu/vsac)

Phone: 800-642-3177

Employment Services

HireAbility

Vocational Rehabilitation and Employee Assistance

67 Eastern Avenue, Suite 3

St. Johnsbury, VT 05819

[Home - HireAbility \(hireabilityvt.com\)](https://www.hireabilityvt.com)

Newport –802-334-6794

St. J –802- 748-8716

Department of Labor

[Find A Local Job Center | Department of Labor \(vermont.gov\)](https://www.vermont.gov)

1197 Main Street , Suite 1

St. Johnsbury, VT 05819

Newport –802-334-6545

St. J –802-748-3177

Vermont JobLink

[Vermont JobLink - Vermont JobLink](https://www.vermont.gov)

NEKLS – Job Training

[Adult Education Services in Vermont \(neklsvt.org\)](https://www.neklsvt.org)

Newport –802-334-2839

St. J – 802-748-5624

Family Services

DCF-Economic Services

67 Eastern Ave., Suite 7

St. Johnsbury, VT 05819



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1-800-479-6151

Northeast Kingdom Youth Services (NEKYS) - 24/7 Services

<https://www.nekys.org/>

63 Eastern Avenue

St. Johnsbury, VT 05819

Phone: 802-748-8732

Fax: 802- 748-2383

Finances

NEKCA

Newport –802-334-7316

St. J –802-748-6040

108 Cherry Street, St. Johnsbury, VT

Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to

4:00pm & Wednesdays 10am to 4:00pm

- Access food and clothing; make a phone call; get housing help (not emergency housing);

If available—access a tent, sleeping bag

Northeast Kingdom Council on Aging (NEKCOA)

Phone: 800-642-5119

<https://www.nekcouncil.org/>

Email: info@NEKCouncil.org

St. Johnsbury, Newport, Island Pond and Hardwick locations

Deliver quality programs and services to older adults,

people with disabilities, and family caregivers.

Food – Also see - NEK Food Access Directory [NEKFoodAccessDirectory](#) at this link or at the end of this guide.

3SquaresVT [3SquaresVT | Department for Children and Families \(vermont.gov\)](#)

Meals on Wheels (60 or older) – NEK Council on Aging 1-800-642-5119

Commodity Supplemental Food Program (60 or older)

[CSFP - Vermont Foodbank \(vtfoodbank.org\)](#)



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1-800-214-4648

WIC (for parents with children up to age 5)

[WIC Eligibility | Vermont Department of Health \(healthvermont.gov\)](#)

800-464-4343

NEKCA

Newport –802-334-7316

St. J –: 802-748-6040

108 Cherry Street, St. Johnsbury VT

Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to 4:00pm & Wednesdays 10am to 4:00pm

- Access food and clothing; make a phone call; get housing help (not emergency housing);
If available—access a tent, sleeping bag

Saint Mark's Episcopal Church Food Pantry

Newport

802-334-7365

Orleans Federated Church

Orleans

802-754-6486

Vermont Foodbank – lists additional food shelves

[Vermont Foodbank \(vtfoodbank.org\)](#)

1-800-585-2265

Northeast Kingdom Council on Aging (NEKCOA)

800-642-5119

<https://www.nekcouncil.org/>

Email: info@NEKCouncil.org

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HIV Testing

Vermont Cares

1091 Hospital Drive, Suite 1
St. Johnbury, VT 05819
802-748-9061

Housing Support

NEKCA

Newport –802-334-7316
St. J –802-748-6040
108 Cherry Street, St. Johnsbury VT
Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to
4:00pm & Wednesdays 10am to 4:00pm

- Access food and clothing; make a phone call; get housing help (not emergency housing);
If available—access a tent, sleeping bag

DCF-Economic Services

1-800-479-6151
Open Mon-Fri 7:45am-4:30pm
For emergency housing assistance.

Joshua House – Short-term shelter

Joshuahouse2019@gmail.com
802-323-7113

Memphremagog Rentals

<https://memphremagogrentals.com/>
89 Third St. Newport, VT
802-334-2262 or 802-334-8480
866-334-2262 (toll free)

NETO – Free weatherization services for homeowners and for rental unit owners and tenants

[NETO, Inc. \(vtneto.org\)](http://vtneto.org)
Derby - Phone: 802-334-7378
St. J - Phone: 802-748-8935

Rural Edge

<https://ruraledge.org/>



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1222 Main Street
St. Johnsbury, Vermont 05819
Phone: 802-535-3555

Rural Edge Home Repair Program (income-eligible homeowners)
[Home Repair Program — Rural Edge](#)

Vermont State Housing Authority (VSHA)
<https://www.vsha.org/>
One Prospect Street Montpelier, Vermont 05602
Voice: 802-828-3295
Message Line: 800-820-5119

Insurance

DCF-Economic Services
1-800-479-6151

Northeast Kingdom Council on Aging (NEKCOA)
Phone: 800-642-5119
<https://www.nekcouncil.org/>
Email: info@NEKCouncil.org
St. Johnsbury, Newport, Island Pond and Hardwick locations
Deliver quality programs and services to older adults,
people with disabilities, and family caregivers.

Community Connections
<https://nvrh.org/community-connections/>
Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm
1315 Hospital Drive
St. Johnsbury, Vermont 05819
Connect with services, resources, transportation, and other supports

- Understand and complete forms and applications for services

Legal/Justice Services

Community Restorative Justice Center
576 Railroad Street, Suite 2
St. Johnsbury, VT 05819
Phone: (802) 748-2977
Website: <https://communityrjc.org/>



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Walk-ins welcome, Mon-Fri 8:30am to 4:30pm
Warm up; use the bathroom; get water or coffee; make phone calls; access post-release supports

Medical Care

North Country Hospital (NCH)

<https://NorthCountryHospital.org>

Northeastern Vermont Regional Hospital (NVRH)

<https://nvrh.org>

Northern Counties Health Care (NCHC)

Community Connections

<https://nvrh.org/community-connections/>

Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm

1315 Hospital Drive

St. Johnsbury, Vermont 05819

Connect with services, resources, transportation, and other supports

- Understand and complete forms and applications for services

University of Vermont Medical Center (UVM)

<https://www.uvmhealth.org/medcenter>

111 Colchester Avenue

Burlington, Vermont 05401

802-847-0000

Advance Directives:

www.vtethicsnetwork.org

Mental Health

Vermont Department of Mental Health

Commissioner Emily Hawes

280 State Drive, NOB 2 North

Waterbury, VT 05671-2010

Phone: (802) 241-0090

Fax: (802) 241-0100



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NKHS Community Resource Guide

<https://mentalhealth.vermont.gov/>

Vermont Agency of Human Services:

www.humanservices.vermont.gov

Personal Safety

Umbrella the Advocacy Program

[Umbrella | NEK Vermont \(umbrellanek.org\)](http://Umbrella | NEK Vermont (umbrellanek.org))

Phone – 802-748-1992

24-Hour Hotline

Newport – Phone: 802-334-0148

St. J – Phone: 802-748-8645

Offers crisis services, emergency shelter, community education, and access to early childcare for those affected by domestic and sexual violence and stalking.

- Diaper bank location

AWARE Domestic and Sexual Violence Services (Hardwick, Craftsbury, Greensboro area)

[AWARE Domestic & Sexual Violence Services \(awarevt.org\)](http://AWARE Domestic & Sexual Violence Services (awarevt.org))

Confidential 24/7 Hotline – Phone: 802-472-6463

Orleans County Special Investigations Unit

[Orleans County Child Advocacy Center/Special Investigations Unit \(occacvt.org\)](http://Orleans County Child Advocacy Center/Special Investigations Unit (occacvt.org))

Phone: 802-334-6002

Domestic Violence Helpline

Phone: 1-800-228-7395

Sexual Violence Helpline

Phone: 1-800-489-7237

Teen Dating Abuse Helpline

Phone: 1-866-331-9474

Pride Center VT – Safe Space Anti-Violence Program

[Home - LGBTQ Community Center \(pridecentervt.org\)](http://Home - LGBTQ Community Center (pridecentervt.org))

Phone: 802-860-7812

Northeast Kingdom Council on Aging (NEKCOA)

Phone: 800-642-5119



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<https://www.nekcouncil.org/>

Email: info@NEKCouncil.org

St. Johnsbury, Newport, Island Pond and Hardwick locations

Deliver quality programs and services to older adults,
people with disabilities, and family caregivers.

Social Recreational Activities

St. Johnsbury Community HUB

Direct Line to Juliet 802-535-1985

HUB Phone Number 802-424-1134

Email: stjcommunityhub@gmail.com

Mon 9:30am-4:30pm, Thurs 1-5pm & Fri-day 11am-3pm

Connecting people with local resources.

Everybody Eats site

Substance and Alcohol

BAART St. Johnsbury

1097 Hospital Drive

St. Johnsbury, VT 05819

802-748-6166

BAART Newport

475 Union Street

Newport, VT 05855

802-334-0110

Alcoholics Anonymous-Statewide

Toll-Free: 800-253-0191

TTY: 800-253-0195

Narcotics Anonymous

24hr Helpline 802-773-5575

www.gmana.org

Kingdom Recovery Center

297 Summer Street



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St. Johnsbury, VT 05819

802-751-8520

Open Mon., Wed., Fri. 10 am to 4 pm

- Welcomes all recovering people and families, whether in or seeking recovery from the effects of addictions.
- Connects people to appropriate community resources.

Journey to Recovery Community Center

212 Prouty Drive

Newport, VT 05855

802-624-4156

SaVida

802-487-0781 Newport

802-357-5549 St. Johnsbury

AA-NA Newport/St. Johnsbury

Toll-Free: 877-334-1213

Local: 802-334-1213

www.aavt.org

Al-Anon/Alateen

877-825-2666 or 800-334-2666

www.al-anon.alateen.org

Phone Meetings: 1-888-425-2666

Tobacco Cessation

Community Connections

<https://nvrh.org/community-connections/>

Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm

1315 Hospital Drive

St. Johnsbury, Vermont 05819

Connect with services, resources, transportation, and other supports

- Understand and complete forms and applications for services

802 QUILTS



**YOU CAN QUIT.
WE CAN HELP.**

VERMONT DEPARTMENT OF HEALTH
1-800-QUIT-NOW (784-8669) 802Quits.org



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www.802quits.org

(800) 784-8669

Your chances of quitting are much better when you have a customized quit plan. Start now. Positive, supportive help. Free and confidential. Call, enroll online, text and more. You can quit. Help is here. 1-800-QUIT-NOW. Free support. Types: By phone, in person, online.

Transportation

RCT (Rural Community Transportation)

[Home — Rural Community Transportation \(riderct.org\)](http://riderct.org)

Phone: 802-748-8170

Community Connections

<https://nvrh.org/community-connections/>

Phone: (800)642-5119, Mon-Fri 8:30am-4:30pm

1315 Hospital Drive

St. Johnsbury, Vermont 05819

Connect with services, resources, transportation, and other supports

- Understand and complete forms and applications for services

Utilities

NEKCA – Emergency Utility Assistance

Newport – Phone: 802-334-7316

St. J – Phone: 802-748-6040

108 Cherry Street, St. Johnsbury VT

Walk-ins welcome, Mon, Tues, Thurs, Fri 8:30am to 4:00pm & Wednesdays 10am to 4:00pm

- Access food and clothing; make a phone call; get housing help (not emergency housing);

If available—access a tent, sleeping bag

Joshua House – sometimes assists with emergency Utility payments

[Joshua House Inc. NEK - Home \(joshuahousenek.com\)](http://joshuahousenek.com)

Phone: 802-323-3848



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Seasonal Fuel Assistance – Economic Service

[Fuel Assistance | Department for Children and Families \(vermont.gov\)](#)

Phone: 1-800-479-6151

Additional Resources

- Vermont Department of Disabilities, Aging & Independent Living:
www.mentalhealth.vermont.gov
- Vermont Center for Independent Living
<http://www.vcil.org>
- Vermont 2-1-1 Resource Directory Looking for additional resources?
Dial 2-1-1 or go to <https://vermont211.org/>



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Food Access Directory

DIRECTORY BY COUNTY

CALEDONIA

CALEDONIA

BARNET

Barnet Church

Church St., (802)633-4978
By delivery only. Please call ahead. ★

West Barnet Meal Site

West Barnet Presbyterian Church
279 West Main St.
Wednesday & Friday 11:30a.m. - 12:30p.m.
Eat in, delivery or pickup* ★
*Must call to preorder: (802)633-4068
before 9a.m. on the day of pickup,
(802)535-7860 or (603)638-4002 any other time.

DANVILLE

Danville Congregational Church

87 Hill St. (802)684-1151
3rd Monday of the month. 6p.m.
Take-out available. Please call ahead. ☀

Danville Senior Action Center

Danville United Methodist Church
89 Park St., (802)684-3389
Tuesday & Thursday. ★
Pickup at the back door. Please call ahead.

The Open Door

Danville Ecumenical Community Center
29 Hill St., (802)684-2193 / (802) 684-2515
Mondays, Wednesdays, Fridays, 10 a.m.- 1p.m. ▲

GILMAN

Gilman Senior Center

(802)892-5284 / (802)424-5433
Tuesdays & Thursdays. Please call ahead. ★

GROTON

Groton Food Shelf

1476 Scott Hwy., (802)584-3276 ▲
Appointments scheduled during Town Clerk
Office Hours: Monday- Thursday 8:30a.m.-3p.m.
Call ahead to arrange pickup.

Groton Free Public Library

1304 Scott Hwy., (802)584-3358 ✨
Fresh Vegetables available for pickup on library
front porch 24/7, Restocked Mon, Wed, Fri, & Sat.

Groton Lunches with Friends (GLWF)

Groton Methodist Church ★
1397 Scott Hwy., (802)584-3251
Thursdays 12p.m.
Pickup and delivery available.

HARDWICK

Hardwick Area Food Pantry

36 West Church St., (802)472-5940 ▲
Monday 12p.m.-2p.m.,
Thursday & Saturday 9a.m.-11a.m.
Delivery available - call to schedule.

LYNDONVILLE

Darling Inn Senior Meals

76 Depot St., (802)626-8700 ★
Available Monday-Friday 11am - 12:30p.m.
Call to order meals for pickup.

Faith in Action NEK

101 Main St., (802)626-1212 ▲
Tuesday 10a.m. - 2p.m.
Thursday 12p.m. - 5p.m.

H.O.P.E.

136 Church St., (802)626-3228 ▲
Tuesday - Friday 10a.m. - 5p.m.



24/7 Self Pickup



Community Garden



Food Shelf



Community Delivery



Community Meals



Senior Meals



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| CALEDONIA | | CALEDONIA | |
|---|---|---|---|
| Lyndon Area Emergency Food Shelf ▲ | St. Peters Mission, 51 Elm St., (802)626-5705 Wednesday 10a.m. - 2p.m. | Pleasant Street Baptist Church ▲ | 193 Pleasant St. (802)748-9029 Stop in before or after 11a.m. Sunday Worship Service. |
| SAINT JOHNSBURY | | | |
| Grace United Methodist Church ☀ | 36 Central St., (802)748-2895 Monday, 11a.m. - 12:15p.m. | St. Johnsbury Academy at South Church ☀ | 1052 Main St. *ONLY WHEN SCHOOL IS IN SESSION* Friday 11a.m. |
| NEK Neighbors Helping Neighbors Food Shelf ▲ | 125 Mountain View Dr. Mountain View Apartments, Community Room. 4th Saturday 11a.m. - 12:30p.m. | St Johnsbury House ★ | 1207 Main St., (802)748-5467 Monday - Friday 10a.m. - 12p.m. Home delivered meals, pick-up/take-out. |
| St. John the Evangelist Community Supper ☀ | 49 Winter St., (802)467-3019 Next to last Tuesday of each month, 5p.m | SHEFFIELD | |
| Universalist Unitarian Church ☀ | 47 Cherry St., (802)748-2442 Take-out only, Saturday 11a.m. - 12:15p.m. | Sheffield Food Pantry ▲ | Sheffield Town Hall, 3210 VT Rte 122 (802)397-2263 2nd Wednesday 11:30a.m. - 2:30p.m. Open to all living within a 20 mile radius of Sheffield, except for those who have a food shelf in their own town. |
| Kingdom Community Services Food Shelf ▲ | 36 Steeple Place, (802)751-8581 Tuesday & Thursday 12p.m. - 3:45p.m. | SOUTH RYEGATE | |
| Mustard Seed Soup Kitchen ☀ | 178 Eastern Ave., (802)748-9870 11a.m. - 1p.m., doors open by 8a.m. Dine-in and take-out available. | South Ryegate Senior Meals ★ | South Ryegate Presbyterian Church (802)584-3727 - after 8:30a.m. Tuesday, 12p.m., doors open at 11:30a.m. Call by 10:30a.m. for take-out. Available at 12p.m. |
| NEKCA St. Johnsbury ▲ | 115 Lincoln St., (802)748-6040 Monday, Tuesday, Thursday, Friday 8:30a.m. - 4p.m. Wednesday 10a.m. - 4p.m. | WEST BURKE | |
| | | Little Free Food Pantry - Sunshine Box | ◆ |
| | | Universalist/West Burke Library Building West Burke Green | |
| | | West Burke Senior Meal Site ★ | |
| | | Community 212 School St., (802)467-3423 Call to Order. Deliveries made to homebound persons | |
| ◆ 24/7 Self Pickup | ● Community Garden | ▲ Food Shelf | ★ Senior Meals |
| | | ★ Community Delivery | ☀ Community Meals |



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ESSEX ORLEANS

CANAAN

NEKCA Canaan

253 Gale St., (802)266-7134
Tuesday 8a.m. - 12p.m.
Wednesday 2p.m. - 6p.m.,
Thursday 1p.m. - 5p.m.



CONCORD

Sid's Pantry

Concord School, Dickson Gym Maker Space
173 School St., 3rd Saturday, 10:00am - 12:00pm
& the following Thursday, 4:00pm - 6:00pm



ISLAND POND

Green Mountain Bible Church

567 Route 105 West (802)723-6143
Thursday 10a.m. - 4p.m.,
Second Monday 4:30p.m. - 6:30p.m.
Priority to Seniors and individuals with disabilities.



Island Pond Community Services

Sunrise Manor, 94 Main St., (802)723-6130
Monday, Tuesday & Friday, 12pm



Island Pond Food Shelf

First Congregational Church of Brighton
21 Middle St., (802)723-5037
Monday-Wednesday 5p.m. - 6:30p.m.
Appointment and proof of residence required.



NEKCA Island Pond

49 Mill St., Suite 202 (802)723-5276
Tuesday 12p.m. - 4p.m., Thursday 8a.m. - 12p.m.



ALBANY

Albany Neighbors' Food Share

Albany Town Hall
830 Main St., (802)323-1517
Saturday 2p.m. - 4p.m.
Delivery available to Albany and Irasburg



BARTON

Barton Area Senior Services Inc.

19 Village Sq., on Rte 16 side, downstairs
(802)525-6565 (24 hours in advance)
(802)673-8125 (on delivery day)
Tuesday & Thursday 8:30a.m. - 3p.m.



Barton Community Giving Garden

Barton Library Yard, 100 Church St.
'Help-Yourself' table Wednesdays 11a.m. - 1p.m.,
in front of the library



Barton United Church

Lake Region Parish Food Shelf
15 Glover Rd., (802)525-3607
Call for appointment. Providing emergency
food resources in the form of pre-boxed goods
and/or grocery cards for the purchase of
perishable goods from the local grocer.



CRAFTSBURY COMMON

Craftsbury Food Share

UCC-Church on the Common, 7 Church Lane
(802)586-0191
Thursday 12p.m. - 3p.m.



DERBY LINE

Derby Line Giving Pantry

Derby Line Universalist Church, 112 Main St.
24/7 Self Serve Food Access



WASHINGTON

CABOT

Faith in Action NEK

3339 Main St., (802)563-3322



24/7 Self Pickup



Community Garden



Food Shelf



Community Delivery



Community Meals



Senior Meals



NKHS Community Resource Guide

ORLEANS

GLOVER

Glover Senior Center

3018 Glover St., VT Route 16, (802)525-1000
Order by 9a.m., Pickup 10:30a.m. - 2p.m.



GREENSBORO

Greensboro Little Food Pantry

165 Wilson St., (802)533-2223



Greensboro Giving Garden

Call or Text (802)624-0406



JAY

Jay Food Shelf

1036 Rte. 242, (802)848-3133
Thursday 9a.m. - 12p.m.
May be used once per month, or on an emergency basis



NEWPORT

NEKCA Newport

70 Main St., (802)334-7316x223
Monday, Tuesday, Thursday, Friday
12p.m. - 3p.m.
Closed on the First Thursday



Saint Mark's Episcopal Church

44 Second St., (802)334-7365
Monday 11:30a.m. - 12:30p.m.



United Church of Newport

63 Third St., (802)334-6033
Open Tuesday & Wednesday after the first Thursday from 10a.m. - Noon



ORLEANS

Orleans Community Food Shelf

Orleans Federated Church, 24 School St.
(802)754-6486
Monday 8:30a.m. - 10:30a.m.



24/7 Self Pickup



Community Garden



Food Shelf



Community Delivery



Community Meals



Senior Meals